
Living Well Latrobe

Community Consultation Feedback Summary

Overview

The 'Living Well Latrobe' Municipal Public Health and Wellbeing Draft Plan 2017-2012, was open for community consultation for six weeks from 23 August 2017 until 3 October 2017. The Draft Plan was available to the community via www.latrobe.vic.gov.au/healthandwellbeing web page with a link to the 'Living Well Latrobe' survey—see appendix.

The 3,377 dwellings visited in the original survey were re-visited through a mail drop across the Traralgon, Morwell, Moe and Churchill neighbourhoods. These dwellings were provided with a copy of the Draft Plan, a reply paid envelope and survey in the aim to obtain feedback. As a result, 170 respondents completed the survey.

A short five question survey was created for the Maternal and Child Health Pop-up shop where staff members took the opportunity to speak with parents about the plan. This survey was then tailored for local businesses asking for their feedback on the layout and design of the plan.

In addition, a facilitated workshop was undertaken with the Municipal Public Health and Wellbeing Plan Reference group to capture feedback and strengthen stakeholder collaboration. Also, further comment was provided by the Department of Health and Human Services, West Gippsland Primary Care Partnership and Braiakaulung Advisory Committee.

Responses predominantly related to the language style, picture graphic and representation, format design and readability. Also, some community feedback suggested including further developed strategic focus areas which were considered in the draft plan amendments or changes.

We were struck by how strongly the community viewed the Draft Plan. While there were a significant number of positive comments, some feedback received will provide an opportunity for council to continue in it's efforts to advocate and secure the trust of the community.

The "Voices of the Child" project was extended to include further feedback opportunities from preschool children on health and wellbeing.

Council has been very encouraged by the overwhelming support and praise the community has provided during this consultation. Also, the willingness of people in sharing their views and thoughts on improving our community's health and wellbeing has been inspiring.

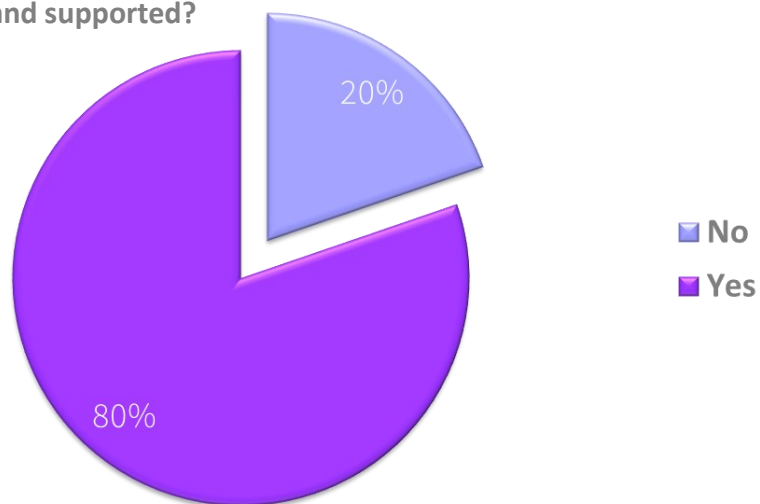
Social and Community Connectedness

...our community said

Our focus

- Work with partners and media to improve ways to promote, inform and connect our community with activities and services
- Support initiatives that build connections and encourage neighbourhood events and activities
- Encourage and support communities to develop initiatives that reduce feelings of isolation and loneliness
- Develop flexible ways for people to contribute to their community and neighbourhoods
- Grow community and family support for mental wellbeing

Do you think these focus points will support our neighbourhoods to be informed, connected and supported?



I think we could call out a focus on supporting volunteering specifically

More awareness should be done as there are not aware of some services

Make sure things are well publicised

For there to be a flyer, advertising community events, so many times I have no idea they are happening and for a low socioeconomic area no one has time to put money aside.

Sport is important - How does a new comer access this information. Lots of sports but where do you go.

We need to teach children about respect and love for one another first...I have heard young parents speak in a disgusting way to their children. This is a learned behaviour.



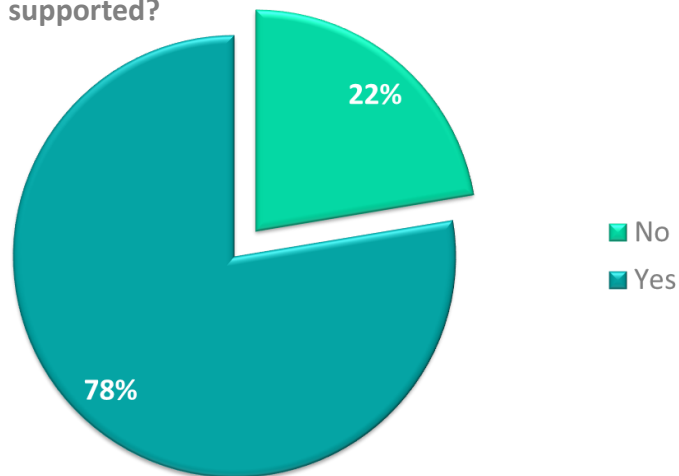
Active Living

...our community said

Our focus

- Encourage and promote incidental activity in the home, workplace, school and play
- Support structured and informal physical activity options
- Recognise, support and grow existing local active living initiatives
- Work with local sporting providers to provide low cost participation
- Invest in infrastructure that supports low cost physical activity
- Explore opportunities to increase activity and social connections for pet owners

Do you think these focus points will support our neighbourhoods to be informed, connected and supported?



Group fitness, walking/bike trail, dog walk areas, better amenities with longer opening hours.

Community bus for transport to swimming pool and sporting activities for older generation

Their needs to be a culture that sees physical fitness as a benefit, not a burden, nor a difficult task

Need even foot paths, if elderly using a walker, it is impossible to navigate ground here.

More for senior citizens, make them feel they have a place in life....nothing to keep them out in their community

Perhaps more advertising about some of the activities available for people would mean more people would participate eg. exercises for seniors - where and when

I particularly like the statement about social connections for pet owners

A good active program will provide pursuits other than pokies = better community



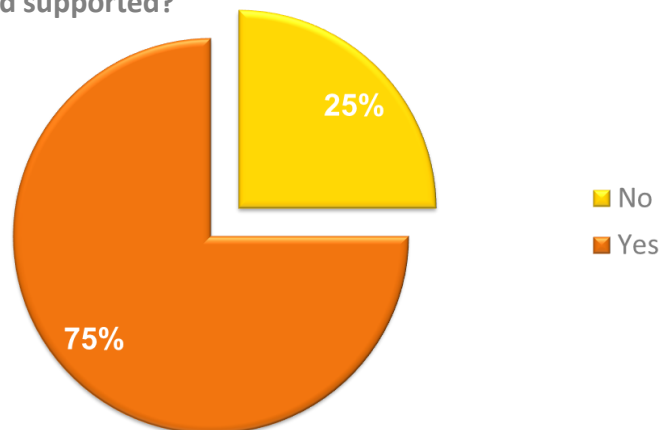
Health and Wellbeing

...our community said

Our focus

- Work with businesses, schools, council, community and sporting groups to develop and promote healthy food and drink options
- Support neighbourhood-based healthy food initiatives such as community gardens and food swaps
- Collaborate with all partners to reduce the harms associated with drugs and alcohol
- Improve access to support and rehabilitation for those affected by drug and alcohol abuse, including children and families
- Work with schools, community groups and services to empower people to have safe sexual relationships
- Work with services providers and the community to ensure services and the community are inclusive and welcoming of LGBTIQ community

Do you think these focus points will support our neighbourhoods to be informed, connected and supported?



More focus on younger people issues, depression etc.

Not enough contact points to access help

More labels on fast food so obesity doesn't happen

Yes, real health and wellbeing cannot be activated without full information about the food available, junk food should be exposed.

Provide reliable information (based on science) to the public.

Thank you for considering LGBTIQ people in the healthy living category.

Knowing where to get help is crucial to this area. Again communication of what is available and where seems to be basic.

Would love to see public places utilised and incorporating food swap ideas. Finding to encourage organisation and relevant influential bodies to get involved in sustainable and healthy living.



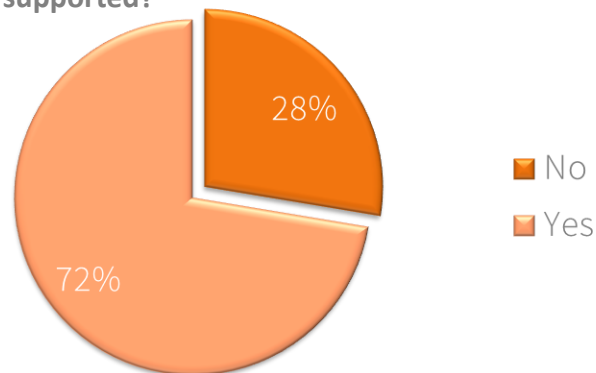
Safe at Home

...our community said

Our focus

- Work towards a more gender equitable community by developing our workforce, educating the community and strengthening partnerships
- Support community-based and community-led family violence prevention initiatives
- Work with key partners including state government on implementing 'Ending Family Violence - Victoria's Plan for Change' (10 year plan)
- Convene a Preventing Family Violence Community stakeholder group to promote family violence community awareness and education
- Work with partners to enable responsive, flexible and culturally appropriate support for victim survivors
- Work with community groups to promote online safety

Do you think these focus points will support our neighbourhoods to be informed, connected and supported?



More police on roads, stop speeding in my street

You forgot the elderly and the issues they face being in their home alone

We need more security at home

Not enough support

Money to be given towards effective change strategies- towards addressing unemployment, the increasing drug issues and poor mental health of young people in our community

"Door to door" people should register with the shire when coming into the community.

Not enough, with the type of new violence occurring from the new drugs that are available in the community. I think more public support and awareness is needed and to be encouraged in our communities.



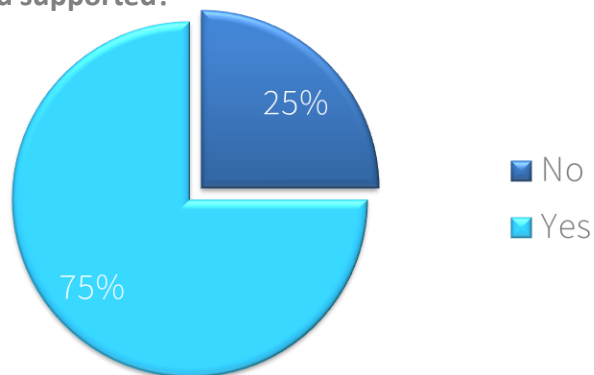
Safe in the Community

...our community said

Our focus

- Support clubs, community groups and services to provide safe and inclusive environments for all members of our community
- Cultivate gender equity and respectful relationships in our schools and workplaces and broader community
- Build on existing programs that strengthen the relationships and partnerships between police and the community
- Explore opportunities for neighbourhood and school renew projects. Consider use of empty shop fronts, creating safe open gathering places and safe amenities
- Strengthen social inclusion and engagement for those who are at risk of entering or re-entering the justice system
- Review pedestrian and transport safety needs. Consider rural school crossings, pedestrian crossings, bike and walking paths, fall risks, hoon reduction, lighting, night-life transport availability

Do you think these focus points will support our neighbourhoods to be informed, connected and supported?



Lower speed limit in CBD and put in speed humps. Don't feel safe as a pedestrian.

Empty shop fronts reflect the community- anything to ensure that shops do not remain empty is a positive- more police in the streets will also aid confidence

One statistic neglected in first report was gambling addictions. That effects rental hardship and food levels. A good active program will provide pursuits other than pokies = better community



...people living in their own home for many years in some areas where people of questionable character now reside...causes a lot of stress which is detrimental to the health of older and vulnerable residents ...If we call police then we are at risk of being targeted.

Victims of workplace bullying need an advocate outside of work area

Schools and clubs can encourage pride in our areas. A newly planted garden near our local shops was deliberately destroyed, there needs to be more pride and less crime and vandalism.

Police presence is good and adds to feeling safe.

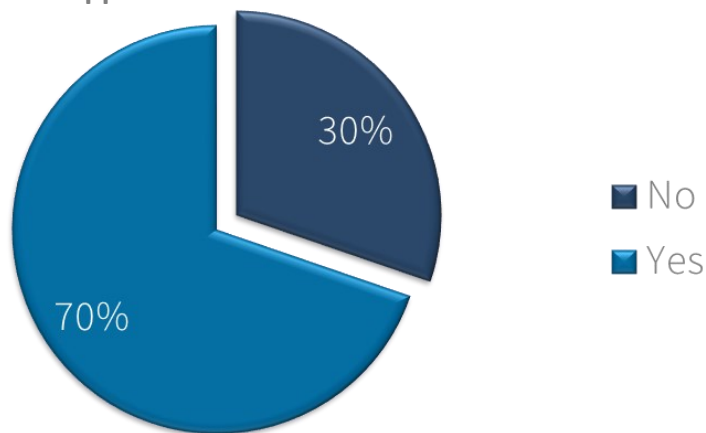
Lifelong Learning and Opportunities

...our community said

Our focus

- Build on and support flexible learning initiatives which promote and foster life-long learning
- Work with partners to create and promote clear local pathways from education/skills training to employment opportunities
- Foster a family partnership (family-centred) approach to early childhood development
- Grow, support and promote services and programs that build financial management skills
- Support the development of partnerships to address the causes of food insecurity

Do you think these focus points will support our neighbourhoods to be informed, connected and supported?



Not enough support or info

No tech school, no local jobs for younger generation, have to leave valley to get work

cost of learning to be in reach of low incomer

Maybe a class in high school to teach children the value of money

We need to do it not just have it written on paper some where. ..re-educate and we need jobs, things to do, places to be to combat this one.

We have constant exposure to major businesses closing e.g power station. There is no constructive information given about our future.

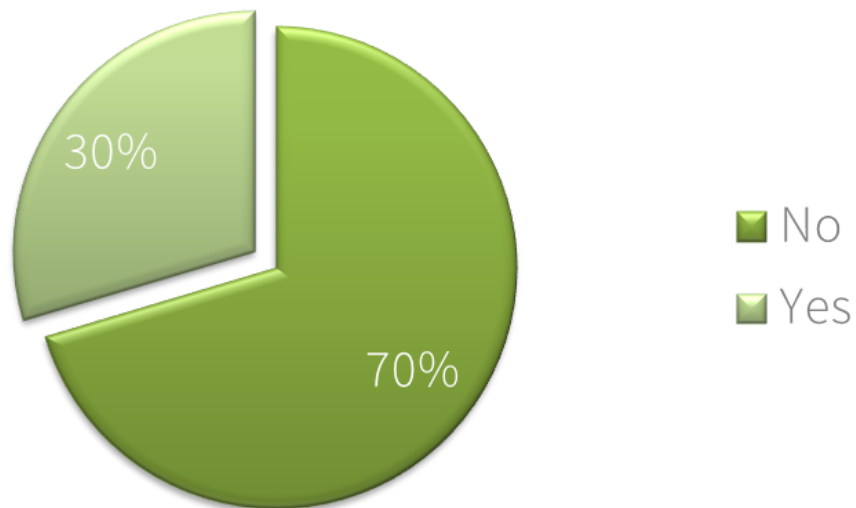
More support staff within schools (welfare trained / early childhood specialists) greatly required especially towards children who are in care systems and foster care family's

With Hazelwood gone and SEC what opportunities are there?

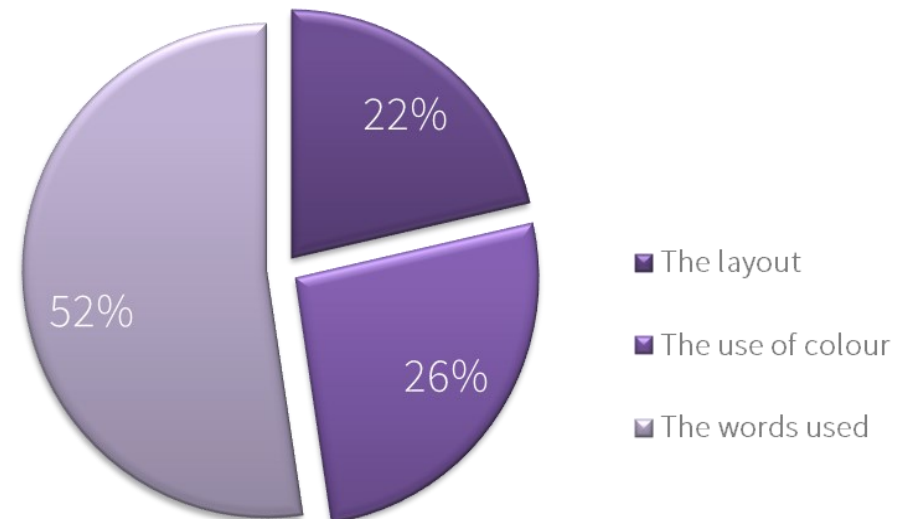


Readability

Are there parts of the plan that you found difficult to understand?

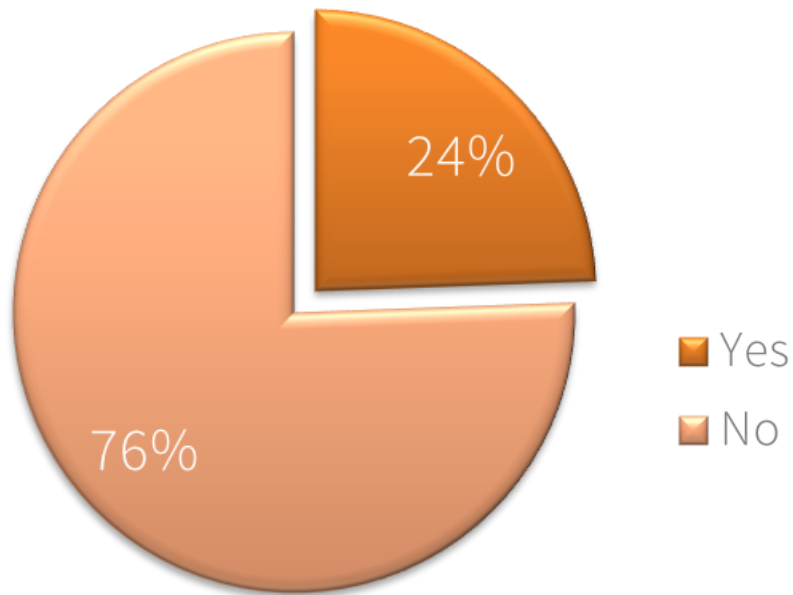


If yes, what made the plan difficult to read or understand?



What's missing?

Are there any focus points missing?



I think we could call out a focus on supporting volunteering specifically

Mental health services they need to be looked at and fixed. Please give people the chance to be able to fix their problems such as mental health and isolation by giving them a chance to feel good about themselves...

Small business opportunities network

A focus that addresses the prevention of lifestyle diseases.

Please make sure our seniors in particular 80's, 90's - are included and have buses, taxi to activities and keep the activities going even when numbers drop! Normally due to cold weather or illness allow them luxuries they deserve.

Tobacco is not clearly mentioned in this priority area unless implied. Inclusion will ensure alignment to the VPHWP strategic direction 'Tobacco Free Living' as at this stage it is not clear how Latrobe will do this.

Drug problems and securing jobs

Accessibility: transport to ensure whole of community can engage in goals

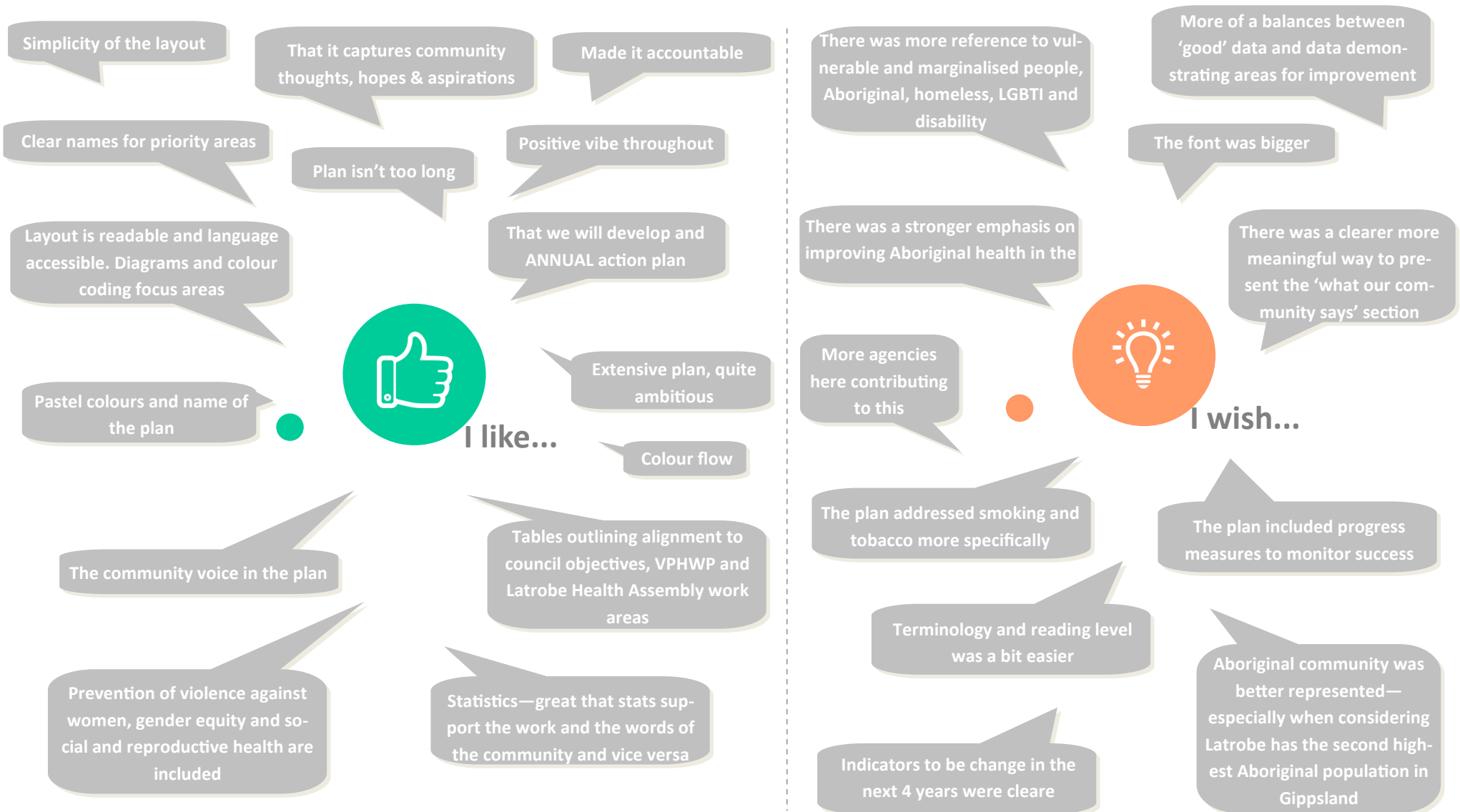
Young mums and those who have children too young for PRE school or pre-school aged

Need to do more for young kids and older people

This priority area is missing a focus on "Reducing harm from problem gambling". Given the significant gambling expenditure would be great to see this. There is significant work being done in this area by local Gamblers Help Services.



MPHWP Reference Group

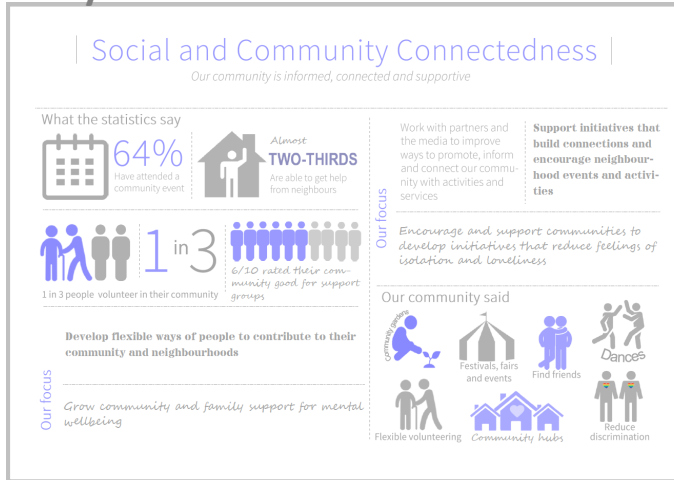


Layout and Design

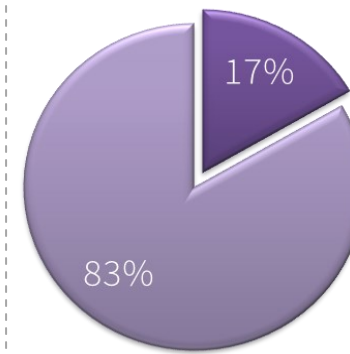
Layout 1



Layout 2



Which layout do you prefer?



Layout 1
Layout 2

Our community said

Easier to engage with and understand through the graphics

More colours would be nice.

I like the figurines, it is more easily read and understood. More friendly.

As I stated at the beginning I could not read the plan which is published in very small letters and with various faded colours.

Pictures, just pictures, minimal words. Time is of the essence

Layout with the pictures is easier to interpret for consumers with lower literacy levels

Remove the word clouds

Layout with the pictures is easier to interpret for consumers with lower literacy levels

The visual content makes you want to read it

Graphics break up the heavy word count

Print is too small on 'What the stats say'

Survey questions...

1. Which layout do you prefer?
2. What changes would you make if any?
3. Would you use this plan?
4. What would make this plan useful to your community?
5. Any other comments

Will it make a difference?

...our community said

It's a grand plan and even achieving half its aims would be fantastic! Get young people, their parents and teachers involved. That would be a major achievement!

Good to be given the opportunity to have a say!! And - send unsealed envelope for return

Yes, if implemented in a way that empowers people in the region

I sincerely hope so. I believe this plan is more clearly focussed and suggests better strategies than the previous MPHWP

I was surprised to read and find it really well done.

Add specific actions not focus points. I want to know who are accountable in delivering the actions.
Timelines

Yes definitely - excellent start in making a real difference

I would like to know specifically who is responsible for these actions.

I think all ideas will be great if done well

Great job. A significant improvement on the previous plan - hopefully much more achievable.

I would not change the plan as it seems to cover most thing to improve our community and if after 12 months some things are not working they can be looked at.

No because it is not specific enough. It doesn't say who is responsible. No timelines. No accountability.

Thank you for the opportunity to participate in the survey and the subsequent outcomes in the draft plan.

If executed well by a range of organisations with expertise in that area.

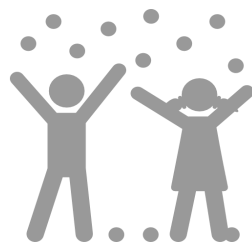


Voices of the Children

3 Questions

107
CHILDREN
INTERVIEWED

UNDER
the age of
FIVE



@ 6 PRESCHOOLS

SUMMARY Themes which were most prominent included, Social and Community Connectedness, various responses from the children showed being connected with their family was an important part of what made them feel happy and healthy. The responses from the children exhibited strong knowledge of the importance of 'healthy living', discussing the impact and priority of maintaining a healthy diet. Safe at home was raised as a common theme with the children; feedback showed they were aware of their surroundings and understood when there was conflict in the home, many of the children shared how this had a negative impact on their feelings. Being active and enjoying playing outside was very common. The majority of the children enjoyed playing outside or riding their bike. However, there was a small number which spoke about being inside and playing on their electronic devices.

Children were asked...

- ★ What makes you happy where you live?
- ★ What stops you from being happy and healthy?
- ★ What makes you happy and healthy?

In their own words...

"let us play in special parks for us "

" Being able to ride my bike safely. Not on the road.

"Not having good food. If I eat bad food I will be sick"

"My mum giving me a big cuddle and making me laugh"

"I like swimming and riding my bike"

"When nobody plays with me it stops me from being happy."

"If I could live with my family in a nice house"

"everyone needs to be kind to people and help everyone"

" Playing with my iPad. I have all the games I like