

# The Child Safe Standards

Information for children



## You have the right to feel safe and to be safe

Rights are things that help you have a safe, happy and healthy life. Children have special rights to be safe and well cared for.

- Being safe means no one hurts you.
- Feeling safe means you feel comfortable and trust the adults looking after you.

## Being safe and feeling safe is one of your rights!

When you are doing activities like drama or sport and when you go to places like school holiday care, or a place of worship (like a church, mosque or synagogue) the adults looking after you have to follow rules and keep you safe.



**What are the rules for adults when you are away from your parents?**



**Adults are not allowed to:**

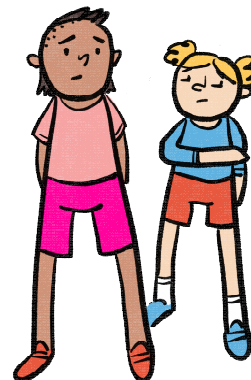
- say or do anything that makes you feel unsafe or uncomfortable
- touch you in a way that you don't like or that makes you feel uncomfortable
- hit you or hurt your body.



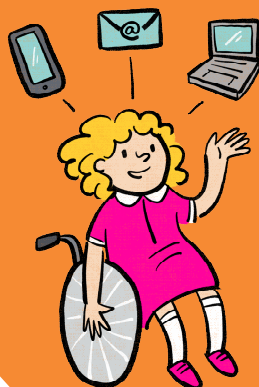
## There are special rules called the Child Safe Standards

**Adults** in charge at many of the places children go **must**:

- choose **safe people** to look after you
- **listen to you** if you feel unsafe or worried
- **make things safer** for you and stop you from being hurt
- **tell you who to talk to** if you feel unsafe or worried.



### What if an adult breaks the rules?



If there is an **emergency**, or you or someone else is in danger, call police on **Triple Zero (000)** immediately.

Or, **tell an adult you trust.**

This might be a parent, carer, another adult in your family, a teacher, coach or any other adult that you trust. They can get help so that you can stay safe.

If they don't help you, tell another adult you trust or you can **contact us at the Commission** for information and assistance.

You can also **call the Kids Helpline** on **1800 55 1800** at any time for any reason.

### What is the Commission for Children and Young People?

The Commission for Children and Young People is a group of people whose job it is to help make sure that children and young people are kept safe. We do our best to make sure that adults follow the rules.

-  call us on 1300 728 978 (free call)
-  email us at: [contact@ccyp.vic.gov.au](mailto:contact@ccyp.vic.gov.au)
-  visit our website at: [ccyp.vic.gov.au](http://ccyp.vic.gov.au)

