



# Potential exposure sites – Latrobe City and Casey and Cardinia

As at 1 September 2020

## Potential exposure sites

A person with coronavirus (COVID-19) has visited a number of locations in Latrobe City and Casey and Cardinia areas. The locations listed are where there is a higher risk you may have been exposed to coronavirus (COVID-19). It is not a complete list. The information is based on advice provided to the department by people who are confirmed cases.

Risk locations will remain on the list for 14 days from the most recent exposure.

The locations on this list are not a current risk to the public and you can visit them in line with current restrictions:

- Manny's Market – Morwell - 19th August – morning 8am – 12pm
- Farmers Market Traralgon - 22nd August – early morning
- Railway Station, Berwick - 22nd August – arrived Berwick Station – at 11.20am train to Officer
- Railway Station, Officer - 22nd August - 11.30am – 2pm
- Train – Officer to Moe - 22nd August - 2.00pm train to Moe
- Railway Station, Moe - 22nd August
- Hungry Jacks, Moe - 22nd August - approximately 4pm – 5pm
- Mid-Valley Shopping centre, Morwell - 26th August - attended Optus and Cutting Edge Keys
- Aldi, Moe – intermittent attendance 17th – 27th August

If you have been to one of these locations during these times you need to monitor yourself for symptoms. If you are feeling unwell **do not go to work, immediately get tested and stay home**. For further information refer to <https://www.dhhs.vic.gov.au/getting-tested>

## Getting tested

### Symptoms

If you develop any of the following symptoms, no matter how mild, you should get tested straight away:

- Loss or change in sense of smell or taste
- Fever
- Chills or sweats
- Cough
- Sore throat
- Shortness of breath
- Runny nose
- In certain circumstances headache, muscle soreness, stuffy nose, nausea, vomiting and diarrhoea may also be considered.

## Where to get tested

### Testing

There are number of testing locations testing capacity will be monitored and adjusted as required.

Current testing sites can be located at the following addresses:

- **Latrobe Valley Respiratory Clinic** – 185-189 Princes Drive, Morwell, open weekdays 9am-5pm and Saturdays 9am-2pm.  
Book [online](#) or phone 5191 9321. Appointment needed, no referral.
- **Latrobe Community Health Service** – Kmart Moe Car Park Bell Street, Moe Enter - Bell Street, Exit - Albert Street Phone 1800 242 696.  
Opening times:  
3 September 2020 Thursday 9:00-12:00 noon and 1230 -3:00pm  
4 September 2020 Friday 9:00-12:00 noon and 1230 -3:00pm  
7 September 2020 Monday 9:00-12:00 noon and 1230 -3:00pm  
8 September 2020 Tuesday 9:00-12:00 noon  
9 September 2020 Wednesday 9:00-12:00 noon  
10 September 2020 Thursday 9:00-12:00 noon  
11 September 2020 Friday 9:00-12:00 noon  
Drive-through, no appointment needed, no referral required.
- **Warragul Respiratory Clinic** – 197-199 Sutton Street, open weekdays 8.45am-5pm and Saturdays 9am-1pm.  
Book [online](#) or phone at 5642 6666. Appointment needed, no referral.
- **Wellington Respiratory Clinic** – 12 Inglis Street, Sale, open weekdays 8.30am-5pm and Saturdays for a trial period 8.30am-12pm.  
Book [online](#) or phone 5143 7900 and 5143 7981. Appointment needed, no referral.
- **Foster Respiratory Clinic** – 97 Station Road, open weekdays, 9.30am-5pm.  
Book [online](#) or phone 5682 2088. Appointment needed, no referral.
- **Wonthaggi Respiratory Clinic** – 42 Murray Street (via Biggs Drive), open weekdays – Mondays 9am-4pm, Tuesday-Friday 9am-1pm.  
Book [online](#) or phone 0492 036 568. V
- **Bairnsdale Respiratory Clinic** – at 20 Forge Creek Road, Bairnsdale (via corner of Forge Creek Road and Payne Street), open weekdays 8.30am-5pm.  
Book at [online](#) or phone 4116 2014. Appointment needed, no referral.
- **Leongatha, Gippsland Southern Health Service** – 66 Koonwarra Road, Leongatha, open Tuesday, Thursday and Friday 8.30am-4.00pm. Drive through. Appointment needed, please call 5654 2777.
- **Traralgon Town Hall**, Cnr Breed and Grey Street Traralgon. From 2 September. Hours Monday to Friday 9.00am - 4.00pm.  
No appointment required.
- **Berwick**, Monash Health 7 Gibb Street, Berwick VIC 3168. Open seven days a week from 9.30am to 4pm.  
No appointment required.
- **Pakenham, IYU Recreation Reserve** - 165 Henry Rd Pakenham. Drive through only. Weekday: 09:00 - 16.00 Weekend: 09.00 - 16.00.  
No appointment required.

If you live in a remote or regional part of Victoria and cannot leave home to attend a testing site, you should contact your GP, community health service or local hospital for assistance and to discuss options available to you.

For more information about what's available near you, call the 24-hour coronavirus hotline **1800 675 398**.

## Frequently asked questions

### What do I do after I am tested?

Once you have been tested you need to stay at home until you get results. Support is available, including financial support, if you miss work while you wait for your test results. Do not go to work or go out shopping, stay at home. It usually takes between 1 and 3 days for your results to be returned to you. If you have been waiting for your result for **more than five days** contact the location that you were tested at for more information.

### What government grants are available if I am required to self-isolate?

- A. A [\\$450 COVID-19 Test Isolation Payment](#) is available to eligible Victorians, including parents and guardians of children, who are required to self-isolate while waiting for the results of a COVID-19 test.
- B. The \$1500 Coronavirus (COVID-19) Worker Support Payment is now offered through the Commonwealth Government's Pandemic Leave Disaster Payment for Victorians. This payment is also available if you are the parent or guardian of a child under 16 who has been instructed by DHHS to isolate or quarantine at home and you meet the eligibility criteria. Visit <https://www.servicesaustralia.gov.au/individuals/news/pandemic-leave-payment-if-you-live-victoria> for eligibility criteria and links to payment applications.

### Am I able to leave the house to buy food or other supplies if I am in self-isolating at home?

No. If you don't have nearby support to help you do this, call the Victorian coronavirus (COVID-19) hotline on 1800 675 398. Delivery of a free emergency relief package can be arranged for people who are unable to access food themselves or do not have support available to them.

If you don't live with others, you should order food or supplies to be delivered to your house, or have friends, family or your carer drop off supplies to your house. Anyone delivering these items should not enter your house or come in contact with you – if possible, they should leave the supplies at the front of your door. This is to reduce the risk of spreading coronavirus (COVID-19).

You can also contact your local council who can support you in accessing services that meet your needs. Visit [Know Your Council website](#) to find your council.

### What happens if I test positive?

If you test positive, whether or not you have symptoms, you must self-isolate for 14 days. You will be contacted by a public health worker from the Department of Health and Human Services (DHHS) for advice on the next steps. During self-isolation you cannot go to work. Coronavirus (COVID-19) is highly infectious. If you do not stay at home you place others at risk.

If you are worried you will lose pay you may be eligible for a \$1500 Coronavirus (COVID-19) Worker Support Payment.

If your condition worsens contact your GP or a health professional. If you become very unwell and are having trouble breathing contact triple zero (000), you may need to be admitted to hospital.

If you have tested positive, have self-isolated for 14 days and have recovered you can resume your normal activity, following the restrictions for your location.

## **What happens if I test negative?**

If you test negative, your doctor or the clinic where you were tested will tell you your result. You can resume your normal activity, following the restrictions for your location.

## **Testing for people without symptoms**

There are very specific circumstances where people get tested without symptoms such as close contacts, people who are exposed to a positive case of coronavirus (COVID-19), or people due to undergo surgery. Close contacts will be asked to get tested for coronavirus (COVID-19) towards the end of their self-isolation period, even if they do not have symptoms, and must continue their self-isolate while waiting for their result. More information is available on the Quarantine and isolation page via <https://www.dhhs.vic.gov.au/self-quarantine-coronavirus-covid-19>.

## **Businesses:**

### **What should I do if I'm notified by an employee that they have symptoms of coronavirus (COVID-19)?**

The employer must direct the employee with symptoms to travel home immediately. Where this is not possible, they should be isolated in a separate room until they can travel home.

They should be advised to be tested for coronavirus (COVID-19) as soon as possible.

The personal workspace and/or areas in the work premises frequently used by the employee, as well as other high-touch surfaces (such as door handles, kitchen facilities) frequented by the employee should be cleaned. More information is available via <https://www.dhhs.vic.gov.au/confirmed-case-in-the-workplace-covid-19>

### **What should I do if I'm notified by an employee that they have tested positive for coronavirus (COVID-19)?**

You must direct the employee to travel home immediately. Where this is not possible, they should be isolated in a separate room until they can travel home. They should be directed to not attend the workplace until advised by the department their isolation period is complete.

All employees and the health and safety representative should be advised there has been a case of coronavirus (COVID-19) and to be vigilant for the onset of symptoms. Advise employees to isolate and get tested if symptoms develop.

You must undertake a risk assessment to help determine what actions are required. More information is available at <https://www.dhhs.vic.gov.au/confirmed-case-in-the-workplace-covid-19>

### **What resources are available to support business owners?**

There are a number of resources available to support businesses owners meet their obligations under the new directions including:

- [Workplace guidance for managing suspected and confirmed cases \(including risk assessment template\) \(Word\)](#)
- [Coronavirus \(COVID-19\) - Disposing clinical waste \(PDF\)](#)
- [COVIDSafe Plan template](#)
- [COVIDSafe Plan guidance](#)
- [Managing COVID-19 Risks – Face coverings in workplaces](#)
- [Preventing infection in the workplace](#)
- [Close contact spreadsheet \(XLS\)](#)
- [Information on High Risk COVIDSafe Plans](#)

These links are available via <https://www.dhhs.vic.gov.au/confirmed-case-in-the-workplace-covid-19>  
You can call the Business Victoria hotline on 13 22 15 for additional support.