

THRIFTY & FUN

THINGS TO DO IN

LatrobeCity

Living
WELL LATROBE

The logo graphic for Latrobe City features a stylized, multi-colored wave or sunburst shape composed of many small, parallel lines in shades of red, orange, and yellow.

LatrobeCity
a new energy



CONTENTS

Message from the Mayor	3
Visitor Information Centre	4
Events in Latrobe City	5
Access for all - Changing Places	6
Local Things To Do	7
ParkTracks App	12
Leisure Centres and Pools.....	13
Libraries	15
Art Galleries	17
More Fun Activities.....	20
Community Kitchens, Cafe's and Lunches	21
Community Groups	22
Senior Citizens Groups.....	28
Sporting Activities.....	28
Markets.....	32
Op Shopping and Op Shop Tours	33
Museums and Historical Societies	37
Boating / Fishing / Camping	38
Transport.....	39
Volunteering.....	40
Walking Groups.....	41
Youth Activities	43



Main Access
Point



All Abilities



Activity
Based Cost



\$10 and
Over



Under \$10



Free

MESSAGE FROM THE MAYOR

... it is with delight I invite you
to explore Latrobe City!

**Latrobe City acknowledges
that we live on the
traditional land of the
Braiakaulung people of the
Gunaikurnai nation.**

This guide provides loads of information to help you get out and about enjoying activities in Latrobe City without having to call your bank manager first.

Latrobe City encompass the four major towns of Moe, Morwell, Traralgon and Churchill as well as the townships of Boolarra, Glengarry, Newborough, Traralgon South, Toongabbie, Tyers, Yallourn North and Yinnar.

There are stunning local and national parks to explore, adventure playgrounds to climb and walking groups to join to get you out and about.

Neighbourhood Houses, Men's Sheds and the University of the Third Age Latrobe Valley all offer a wide variety of options to meet with like-minded people on a regular basis to learn new skills from handcrafts to woodwork and beyond.

While this guide will get you started, you'll find loads of local knowledge at our Visitor Information Centre in Traralgon, including more things to see and do right across Gippsland, including children's activities. We are close to the mountains, the beach and Gippsland Lakes; there's so much to explore and much of it is free!

If there's anything you need assistance with pop into one of our four service centres or give us a call on 1300 367 700, our staff are here to help.

Cr Graeme Middlemiss





VISITOR INFORMATION CENTRE

NEED INFORMATION?
TALK TO A LOCAL!

This booklet was developed in collaboration with the Central West Gippsland Primary Care Partnership.



CENTRAL WEST
GIPPSLAND
Primary Care Partnership

Disclaimer:

We have taken all possible care to ensure that the information in this guide is correct at the time of publication. However, prices and other details change over time. Please confirm your outing plans using the phone numbers and websites provided.

The staff and volunteers have great knowledge of the region and would like to assist in planning your next outing. There's so much to see and do in Latrobe City!

We are open seven days a week, so visit, call or email to find information on things to do, special attractions and leisure activities. Pick up a copy of the latest 'Calendar of Events' for upcoming events in Latrobe City including festivals, musical and theatrical performances, sporting events, exhibitions and local markets. 'Like' us on Facebook to stay up to date.

'The Old Church',
41 Princes Highway, Traralgon 3844

FREECALL: 1800 621 409

Email: visitorcentre@latrobe.vic.gov.au
Website: www.visitlatrobacity.com

EVENTS IN LATROBE CITY

The events calendar in Latrobe City is packed full of fun and exciting things to do. From sport through to the arts, we have it all!

Latrobe City are able to host a large number of events across our municipality because we boast a great number of international standard facilities. There are hundreds of experiences and activities on offer here throughout the year including many sporting events, local food and wine events, a wonderful selection of local markets promoting local produce, and music festivals and concerts. You will find examples of the colourful and diverse exhibitions and performances by visiting the Latrobe Regional Gallery in Morwell and the Latrobe Performing Arts Centre located in Traralgon.

We love our major events and are fortunate to host a number of annual sporting events including AFL matches, NBL Basketball matches, and the Big Bash League Cricket which we refer to as the Valley Smash. Also, many State titles are hosted here and we have recently been considered for a number of international sporting events. So 'watch this space' and always refer to our 'What's On' page on the Latrobe City Council website for more information. If you would prefer, feel free to visit one of our friendly team members at your local Council customer centre and pick up your paper copy of our monthly calendar of events or ask for the calendar to be mailed out to you monthly.

If you have an event and wish to list it in the monthly calendar of events, visit the 'What's On' page of Council's website.

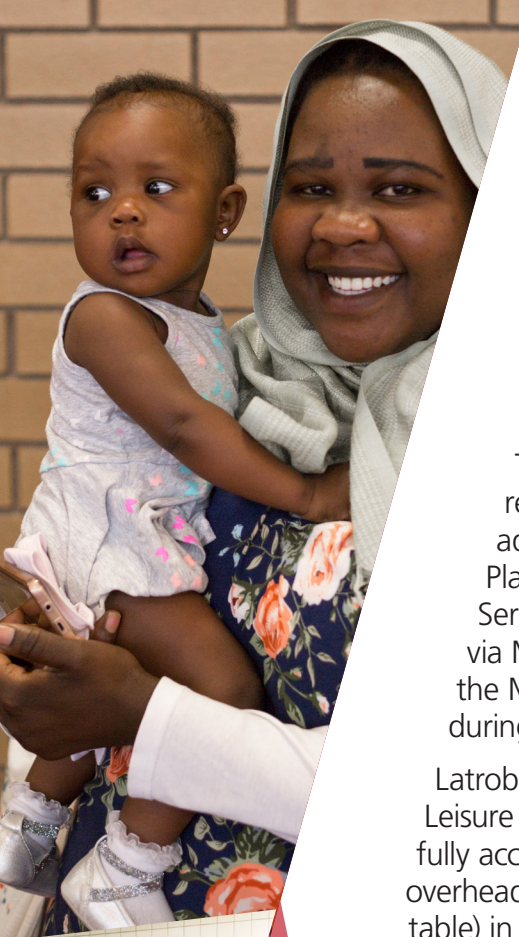
For more information

If you are planning an event and need some assistance, please contact the events team:

Phone: 1300 367 700

Email:
events@latrobe.vic.gov.au

Website:
www.latrobe.vic.gov.au/whats_on



ACCESS FOR ALL

CHANGING PLACES

There are fully accessible restrooms with overhead hoist and adult size change table (Changing Places) located at the Traralgon Service Centre (accessible 24 hours via Master Locksmith Access Key) and the Moe Service Centre which is open during operating hours.

Latrobe Leisure Morwell and Latrobe Leisure Moe Newborough offer a fully accessible change room (including overhead hoist and adult size change table) in addition to pool hoist and chair to access their heated pools. With accessible parking and recharge points Latrobe City advocates and promotes an accessible and inclusive community. More information can be found on our website page www.latrobe.vic.gov.au/socialinclusion

GIPPSLAND MULTICULTURAL SERVICES GMS

Gippsland Multicultural Services (GMS) is a community based organisation, assisting migrants and refugees in Gippsland through the provision of a range of services and programs that support the settlement and ongoing participation of our diverse communities in the Gippsland region. The service also has an extensive Contact list for Ethnic Community Groups in Gippsland.

Where: 100-102 Buckley Street Morwell

Phone: 5133 7072

Website: www.gms.org.au

LOCAL THINGS TO DO

PARKS, WALKS AND PICNIC AREAS - NO COST

The parks listed here are a selection of some of the wonderful parks available in the Latrobe region. The parks have been included because of their disability friendly facilities which usually include public toilets, BBQ and picnic areas and play grounds.

Contact council or Parks Victoria if you have particular requirements or want to find out more about parks in the area.

Latrobe City Council

Phone: 1300 367 700

Email: latrobe@latrobe.vic.gov.au

Parks Victoria

Phone: 13 1963

Email: info@parks.vic.gov.au



MOE - NEWBOROUGH

Ollerton Avenue Bushland Reserve



*Main Access Point:
Matlock Street,
Newborough*

The main entrance to the Reserve is located at the end of Matlock Street in Newborough. There are ten other access points to the reserve – one on each street that bounds the reserve. Facilities include two car park areas, access points with street parking. Seating, maintained walking paths and path/track name signage.

Moe-Yallourn Rail Trail



*Main Access Point:
Bennet Street, Moe*

This is an 8km moderate walking track. The surface is smooth gravel suitable for walking or cycling. Starting from Bennett Street the trail passes the Moe Botanic Gardens and crosses Narracan Creek. Both have access ramps from the trail.

After crossing the creek flats the route passes Newborough, with a small shopping centre close to the trail. A detour at Sullivans Track to Lake Narracan is well worthwhile, especially for a picnic or BBQ lunch and perhaps some sightseeing or maybe a swim. The trail finishes at John Field Drive near the Yallourn Power Station.

Moe Apex Park



*Main Access Point:
Waterloo Road, Moe*

Large all-abilities playground which includes a Liberty Swing, electric BBQ's, toilets and ample parking. A grass area provides room to run and play ball games.

Edward Hunter Heritage Bush Reserve



*Main Access Point:
Coalville Road, Moe*

There is a picnic area and shelter near the Coalville Rd car park; a rotunda on the north side of the reservoir, just opposite to the Coalville Road car park; and picnic seating at points around the reservoir.

There are approximately 2km of formed paths and a further 1.5km of boardwalk. Please note that wheelchair access is limited to the paths only. The boardwalk has no handrails and is too narrow for wheelchairs; however, walking frames are okay.

MORWELL

Morwell Centenary Rose Garden



*Main Access Point:
Commercial Road,
Morwell*

Walk through four acres of landscaped gardens where over 100 beds are home to more than 3000 roses. Gravel paths lead through 400 varieties of roses including hybrids and traditional favourites.

The Morwell Centenary Rose Garden is free to the public and is open all year with best viewing from October to April. There are public toilets available nearby on Ann Street at the southern end of the Rose Garden.

Kernot Lake & Immigration Park



*Main Access Point:
Princes Drive, Morwell*

Also the site of the Gippsland Immigration Wall of Recognition, Kernot Lake and Immigration Park will provide visitors with a diversity of things to do and see. Set on parkland with both open space and playground areas, the park surrounds Kernot Lake with its abundant bird life and walking tracks. BBQ shelter and picnic benches provide an area to sit and enjoy the atmosphere, while the Wall of Recognition provides an historical acknowledgement to those who contributed to the development of the region. Toilets are available at Kernot Hall.



TRARALGON

Newman Park



*Main Access Point:
Peterkin Street, Traralgon*

Within walking distance of the Latrobe Visitor Information Centre, Newman Park appeals to all ages. A large all ages playground includes disabled equipment, a miniature steam train, which operates on the last Sunday of the month weather permitting, electric BBQs, park benches, toilets and ample parking.

Victory Park



*Main Access Point: Princes
Highway, Traralgon*

Adjoining Newman Park on the Traralgon town centre side, Victory Park is a peaceful oasis located along the Princes Highway. Take a walk along the Traralgon Creek and roll out a picnic rug under one of the many beautiful trees, take a look inside the band rotunda or admire the Lars Compitalis marble sculpture crafted by acclaimed sculpture Clive Murray-White.

Bert Thompson Reserve



*Main Access Point:
Wright Street, Traralgon*

Shady grassed areas surrounding two free BBQs with a water tap, four picnic tables, a shaded hut, small rose garden and toilets. Follow the path under the bridge for a walk through to Victory Park.

Traralgon Railway Reservoir Conservation Reserve



*Main Access Point:
Hickox Street, Traralgon*

The reserve comprises 29.5 hectares of varied bush and grassland with a lake in the centre which forms part of the catchment of the Traralgon Creek. As you enter the carpark, there is an information board and bench seats marking the beginning of the gravel/ boardwalk circuit. The track takes you around the wetland which is home to plentiful bird life and native plants. Observation areas have been designed for people in wheelchairs.

OTHER AREAS IN LATROBE AND SURROUNDING AREAS

Glengarry Apex Park



Main Access Point: Main Street, Glengarry

Facilities include barbeque, play equipment, shelter, toilets and liberty swing.

Hyland Lake



McDonald Way, Churchill

Great spot for fishing and is stocked with rainbow trout several times per year. Public toilets, playground and a walking path to the township of Churchill.

Old Boolarra Mill Site



Main Access Point: Foster Road, Boolarra

5 km track, easy walks in State Forest, suitable for wheelchairs as they are surfaced with bluestone; all facilities are disability friendly including the composting toilet. Maps are available at the car park.

Tarra-Bulga National Park



Main Access Point: Visitors Center situated at the eastern end of the Grand Ridge Road.

Ridge Road.

Tarra-Bulga National Park is well known for its giant Mountain Ash trees and beautiful fern gullies. It protects remnants of the cool temperate rainforests of the Strzelecki Ranges in South Gippsland.

There are three walking areas to this unique park. The Bulga and Tarra Valley areas are not accessible with wheelchairs though the Bulga Park picnic areas can be. The third walk at the Visitors Centre is designed for wheelchair access.

Fireplaces, picnic shelters, tables and toilets are provided at both Bulga and Tarra Valley picnic areas. There are also picnic facilities and toilets at the Visitor Centre. Access to the park is south from Traralgon along the Traralgon Creek Road: North from Yarram along the Tarra Valley Road or Balook Yarram Road; or via the Grand Ridge Road from either Carrajung or Mirboo North.



PARKTRACKS APP

Discover the wonders of parks and trails in and around Latrobe City with the help of the ParkTracks app that makes finding a place to hike, bike, and explore a whole lot easier.

Showcasing the some of the best trails in Latrobe and our surrounds, the app features easy to read maps, photographs and descriptions packed with useful information, including directions to the start, facilities on site, level of difficulty and points of interest along the way.

ParkTracks makes it easier for you to track your performance, as well as get information about how to volunteer to help maintain these wonderful assets.

Download the ParkTracks google app or apple store. Search: Latrobe City ParkTracks.

Funded through Be Active, a joint initiative of VicHealth and the Victorian Government, the app encourages physical activity and social engagement.

LEISURE CENTRES AND POOLS

There are four major leisure centres in the municipality:

LATROBE LEISURE MOE/NEWBOROUGH

Corner of Old Sale Road and Southwell Avenue, Newborough

Features a fully equipped gym, heated indoor pool, sauna, spa, squash courts, stadium, an athletics track and cycling track.

Phone: 5135 8600

LATROBE LEISURE MORWELL

McDonald Street, Morwell

Features a fully equipped gym, heated indoor pool, toddler pool, sauna, spa, aerobics room, stadium, café and meeting room.

Phone: 5128 6200

LATROBE LEISURE CHURCHILL

Corner of Northways Road and McDonald Way, Churchill

Features a fully equipped gym, heated indoor pool, sauna, squash courts, aerobics room and stadium.

Phone: 5120 3888

TRARALGON SPORTS STADIUM

Catterick Crescent, Traralgon

Features a five court stadium - including an international grade show-court boasting 1044 spectator capacity. The Traralgon Sports Stadium is earmarked for major redevelopment commencing mid-2019.

Phone: 5176 3000

In addition to the major leisure centres, Latrobe Leisure also operates three Outdoor Pools located at Traralgon, Moe and Yallourn-North. These pools are open over the summer months.



LEISURE CENTRES AND POOLS



FREE

- **Swim Toddler**
4 years and under free with a paying adult who must accompany child in water



\$10 AND UNDER

- **Casual Swim Adult, concession and children** 5-15 years
- **Casual Swim and Sauna** at Churchill Leisure Centre – Adults and concession card holders
- **Casual Swim, Sauna & Spa** – concession card holders
- **Casual Group Fitness class** – wet and dry/ price per class – youth 5 to 15
- **Athletics and Cycling Track** - Available at Moe/Newborough only

Please note: For safety reasons athletes and cyclists are unable to use the track at the same time. Use of track subject to availability



OVER \$10

- **Casual Swim, Sauna and Spa** Adult
- **Casual Group Fitness class** – wet & dry/ price per class – Adults and concession card holders
- **Casual Gym** attendance – Adults and concession card holders
- **Squash Court Hire** Moe/ Newborough and Churchill

LIBRARIES



Membership is free

You can join online or when you visit any of our libraries in Churchill, Moe, Morwell and Traralgon. You will need to provide two forms of identification, one of which must show your name and current residential address. This may be a drivers licence, health care card, billing notice, rental receipt etc. If you're aged under 16, your parent or guardian must provide their ID to sponsor your membership.

Our libraries offer free computer and internet access. You can buy USBs and head phones, and do printing all at low cost. You can bring your own laptop or device and connect to our free WiFi during library opening hours.

Why join?

As a member, you can

- borrow up to 25 items including books, DVDs, talking books and magazines
- download eBooks and e-magazines and movies
- borrow items from other SWIFT Victorian public libraries
- access online learning resources for all ages and preferences such as Hoonuit and Mango Languages, homework help, learner driver support and other digital learning options
- join in a range of events and activities for all ages including Storytime, after school and holiday programs, social, leisure and learning programs for adults
- access family history websites such as Ancestry and Find My Past

Visit www.latrobe.vic.gov.au/library or follow us on Facebook at www.facebook.com/latrobacitylibraries

LIBRARIES

CHURCHILL



9-11 Phillip Parade,
Churchill

Nearest bus stop Churchill bus interchange adjacent to the Churchill town hall.

Opening hours

Monday: 8.30 am to 5.15 pm

Tuesday: 9:15 am to 6 pm

Wednesday: 8.30 am to 4.30 pm

Thursday: 9:15 am to 6 pm

Friday: 8.30 am to 5.15 pm

Closed Saturdays, Sundays and Public Holidays

MOE



1-29 George Street,
Moe

Nearest bus stop Moe Railway Station

Opening hours

Monday to Friday: 8.30 am to 6 pm

Saturday: 9 am to 12 noon

Sunday: 10 am to 2 pm

Closed public holidays

MORWELL



65-65 Elgin Street,
Morwell

Nearest bus stop Elgin Street adjacent to the Coles car park.

Opening Hours

Monday to Friday: 10 am to 6 pm

Saturday: 9 am to 12 noon

Closed Sundays and public holidays

TRARALGON



34-38 Kay Street,
Traralgon

Nearest bus stop Church Street adjacent to the primary school or the Stockland bus interchange.

Opening hours

Monday to Friday: 8:30 am to 6 pm

Saturday: 9 am to 12 noon

Sunday: 3 pm to 6 pm

Closed Public Holidays

ART GALLERIES

LATROBE REGIONAL GALLERY



138 Commercial Road,
Morwell

The Latrobe Regional Gallery (LRG) is one of the largest public galleries in regional Victoria. Housing seven gallery spaces across two floors, the gallery presents exhibitions across:

- contemporary art and design
- experimental and interdisciplinary practices
- curated collections of note
- works by regional artists
- national and international touring exhibitions.

Latrobe Regional Gallery attracts over 22,000 people each year and is part of the Public Art Galleries Association of Victoria. The gallery is custodian to a number of specialist collections and provides a dynamic series of education and public programs for all ages, including artist talks, specialist workshops and bespoke gallery tours.

Free entry

Monday to Friday 10 am to 5 pm
Saturday and Sunday 11 am to 4 pm

Closed Public Holidays

Phone: 5128 5700

Email: lrg@latrobe.vic.gov.au

Website:

www.latroberegionalgallery.com

ARC YINNAR



19 Main St,
Yinnar

Arc includes two gallery spaces and a retail outlet. Monthly exhibition changes offer a wide range of art by local artists in Open Entry exhibitions, curated shows and solo exhibitions.

Cost: A gold coin donation is welcome.

Tuesday to Friday
12 noon to 4 pm

Saturdays
11 am to 3 pm

Phone: 5163 1310



ARTFX SHARON ANDERSON



13 Bealiba Road,
Moe

This working studio/gallery specialises in original framed screen prints, printed T shirts and tea towels, printed glassware, pastel artworks, and original giftware. Commissions are always welcome. Sharon also holds regular workshops in screen-printing at her studio and at arc Yinnar.

Opening hours:

Thurs 10am to 3pm

Friday 10am to 4pm

Appointments very welcome for other days

Mobile: 0409 436 268

Email: artfxpaint@bigpond.com

Website:

www.sharonanderson.com.au

PARK ROAD STUDIOS



12 Park Road,
Boolarra

Nationally recognised printmaker Jenny Peterson displays her extensive stock of original prints on request. Her studio and gallery is located on the outskirts of picturesque Boolarra. The gift shop offers small handmade pieces in wood, jewellery; pottery and hand printed greeting cards. Printing demonstrations can be arranged to suit small groups.

Opening hours: Viewing by appointment between 10am to 4pm

Phone: 5169 6240

Website:

www.jennypeterson.net.au

Street parking, groups up to 12 people can be hosted.

BNYM INDIGENOUS DESIGNS



41 Tarwin Street,
Morwell

Formed by a group of indigenous women local to the Morwell area, BYNM boast a philosophy of aiming to produce the finest handmade and hand painted pottery and ceramics featuring indigenous Australian designs. Widely recognised, the artists produce a unique style of work based on contemporary cultural themes, images and inspiration from the natural environment. Artworks reflect the artists background, cultural beliefs, spiritual awareness and individuality.

Opening hours: Monday to Friday 9.30am to 5pm. Other times by appointment

Phone: 5133 0325

Email: bnym10@aussiebb.com.au

Toilets and bus access

FAITH AND FABRIC



Traralgon Uniting Church, Park Lane, Traralgon

Large innovative fabric art pieces based on contemporary and spiritual themes. All pieces are designed and jointly created by four ladies. Created over a period of 30 years, with more still to be produced, these works are progressively becoming recognised as unique art pieces.

Opening hours: Viewing by groups and individuals by appointment

Phone: Bev Palmer 5177 8107 or 5176 1029, 9am to 12noon

Website:

www.traralgon.unitingchurch.org.au

Toilets, bus access and disabled facilities. Groups and coaches welcome by prior arrangement.

TRARALGON & DISTRICT ART SOCIETY



Art on Track Gallery, Old Railway Station, Queens Parade, Traralgon

Located in the historic Traralgon Railway Station, Traralgon and District Art Society provide the opportunity to view a working art studio where innovative art work can be viewed in progress to completion. Works produced on site are exhibited in the gallery for sale. Have a look around the old station platform while you are there. There is a large information board on the railways, with old photos and memorabilia. View the old pressed tin ceiling of the gallery.

Cost: Free entry but there are costs for classes.

Open for display on Monday, Tuesday, Thursday and Friday from 10am.

Classes held Monday and Friday from 10am and Wednesday night 4.30pm to 7pm during term.

Closed between Christmas and New Year

Mobile: 0427 977 252

Email: traralgonarts-gallery@hotmail.com

Toilets, bus access, disabled facilities and group tours accommodated



MORE FUN ACTIVITIES

OLD GIPPSTOWN, GIPPSLAND HERITAGE PARK



211 Lloyd St,
Moe

Old Gipps town is a Historical Township with authentic buildings and décor. Old Gipps town is also renowned for its Coach House which contains one of Victoria's best collections of horse drawn vehicles. Many community groups and regular activities are held such as community markets, car displays, woodworking groups and yoga. Please check the Events Calendar page on the website for details.

Cost: Activity dependent

Contact: 5127 3082

Opening Hours:

Monday to Friday 8am to 4pm.

Saturday and Sunday 7am to 4pm

Email:

enquiries@gippslandheritagepark.com.au

Website:

www.gippslandheritagepark.com.au

Transport: Bus Number 11; 20 minute walk from Moe Train Station

GIPPSLAND ACOUSTIC MUSIC CLUB



Tyers Community Hall,
Main Road, Tyers

The Gippsland Acoustic Music Club is a community organisation which aims to encourage acoustic music in the Gippsland region. Acts from all over the world are invited to play at the club, and the range of styles and instruments played is extensive. Local artists are encouraged to provide a 20 minutes support act, which allows local musicians the opportunity to perform and share their skills.

Cost: In general, club nights cost \$20 adult, \$15 members/concession, children and U18/students free. At times, an extra special act is featured and the prices will be adjusted accordingly.

Opening Hours:

Club nights: First Sunday of the month

Email: gamc30@gmail.com

Website: www.musicclub.org.au

COMMUNITY KITCHENS, CAFÉ'S AND LUNCHES

COMMUNITY KITCHENS



*Boolarra, Traralgon East
Community Centre, Traralgon
Community House and Morwell.*

Opportunities to cook on a budget, improve cooking skills and make new friends.

Cost: Cost of ingredients

Opening Hours: Over morning till lunchtime

Contact: Latrobe Community Health Service, 1800 242 696

CAMERON STREET COMMUNITY CENTRE

41-43 Cameron Street, Traralgon

For more information call in for a chat.



Conversation Cafe - free cuppa and a chat - Tuesdays 11.30am to 1pm



Free Community Lunch
Wednesdays 11.30am to 1.30pm

THE VRI



*18-20 Queens Parade,
Traralgon*

Community Lunch:

Thursdays, 12noon to 1pm

Mobile: 0419 568 772

Email: info@thevri.com.au

Website: www.thevri.com.au

Transport: Across the pedestrian bridge from Traralgon Train Station.

CHURCHILL NEIGHBOURHOOD CENTRE



Everyone is welcome; do a course or workshop throughout the week; eat a tasty low cost meal at the Community Café on a Monday; take a walk on a Wednesday morning, returning to the Hub for a low cost morning tea and Storytime at the Library.

Community Lunch:

Mondays, 12noon to 1pm

Cost: Lunch \$3. Morning tea \$1.

Course prices vary but are affordable

Phone: 5120 3850

Transport: Bus Number 2, from Morwell, Bus Number 3 from Traralgon to Churchill Shopping Centre. Churchill Town Bus 30.

CHATTERBOX



*Uniting Church, Park Lane,
Traralgon*

Office Hours: Tuesday to Friday
9am to 1pm

Get together with a cup of coffee and biscuits.

Cost: Gold Coin donation

Phone: 5176 1029

First Wednesday of the month

Transport: Bus Number 45 to Park Lane (possible pick up)

Friendship Group



*Uniting Church, Park Lane,
Traralgon*

Office Hours:

Tuesday to Friday, 9am to 1pm

Day activity catering more for the over 50's which starts at 10.00 am with a guest speaker and games such as carpet bowls or table games. A two course lunch is served.

Cost: \$5 for lunch

When: 2nd Wednesday of the month

Phone: 5176 1029

Transport: Bus Number 45 to Park Lane (possible pick up).

COMMUNITY GROUPS

JOINING A GROUP

Becoming involved in your community is a great way to meet new people, share similar interests and have fun. There are many community groups in Latrobe that you can join. To find a group that shares your interests, please visit the Latrobe City Community Group Directory online at

www.latrobe.vic.gov.au/commgroup

You'll find groups from the Latrobe Valley Astronomical Society to the Yinnar, Yinnar South Landcare Group and everything in between.

Costs vary and are generally activity and/or membership based.

Learn something new or hang out with mates!

BOOLARRA MEN'S SHED



*9 Penaluna Street,
Boolarra*

The Boolarra Men's Shed offers woodwork and metalwork based activities on Monday and Wednesday each week between the hours of 10 am to 4 pm and companionship for men of all ages. Annual Membership is \$50 which covers Insurance, with a \$2 fee to cover the cost of tea and coffee on each day of attendance. On last Monday of the month there is a lunch BBQ for \$7. The Shed also have the occasional fishing outing at members cost and the odd group dinner out with partners. Mobile: 0411 319 326

Email:
boolarramensshed@outlook.com

CHURCHILL MEN'S SHED



*Town Hall Annex,
Philip Parade, Churchill*

Spend time building projects and friendships, wood and metal work, furniture restoration and more.

Cost: \$5. Members often drop into the Community Café at the Churchill Neighbourhood Centre for lunch - \$3

Opening Hours:
Monday 9.30am to 2.30pm

Phone: 5120 3850

Email: info@churchill.org.au

Transport: Bus Number 2, from Morwell, Bus Number 3 from Traralgon to Churchill Shopping Centre. Churchill Town Bus 30.

CHURCHILL NEIGHBOURHOOD CENTRE



*Churchill & District Community
Hub, 9-11 Philip Parade,
Churchill*

Everyone is welcome; do a course or workshop throughout the week; have a rest, a coffee, a chat, read a book or do a puzzle, find out information and enjoy the garden anytime during opening hours.

Cost: Course prices vary but are affordable

Opening Hours: Monday to Friday
9.30am to 4pm

Phone: 5120 3850

Email: info@churchill.org.au

Website: www.churchill.org.au/

Transport: Bus Number 2, from Morwell, Bus Number 3 from Traralgon to Churchill Shopping Centre. Churchill Town Bus 30

FOODCENTS PROGRAM



FOODcents is a food literacy program which helps participants achieve a healthy diet, save money on the weekly grocery shop and build confidence preparing healthy meals. The concept is simple: spend most of the food budget on the 'eat most' foods, which are often the cheapest, and spend least on the 'eat least' foods, which are often the most expensive.

The program is usually runs over three two hour sessions including a supermarket session with tips on saving money; a budgeting and meal planning session; and the final session focuses on food preparation, food safety and nutritious meals are prepared to share with the group.

Cost: \$8 for all three sessions.

For further information, contact the Health Promotion Officer at Latrobe Community Health Service on 5136 5213.

MOE NEIGHBOURHOOD HOUSE



*1-11 James Street,
Moe*

Activities including: volunteer gardening, Community Garden, craft, computers, relaxation, Business Basics, Genealogy, Thai cooking and literacy. There is a drop in Men's Shed on a Tuesday morning and board games Thursday afternoons. Keep an eye out for special workshops during the year.

Cost: Activity based

Opening Hours: Monday to
Friday: 8:30am to 4pm

Phone: 5126 3123

Email:

moemnh@bigpond.com

Website:

www.moeneighbourhoodhouse.org

Facebook: Moe
Neighbourhood House
MNH

Transport: Bus Number
Moe West 11 and walk
to the House

MORWELL NEIGHBOURHOOD HOUSE



48-50 Beattie Crescent,
Morwell

Program and services are developed in response to the needs of the community. The program changes each term and reflects classes, workshops and social spaces community members have suggested. Some of the services include: Community lunch, Lawnmower Bank, Food Bank, Free Store & Repair Café.

Cost: Activity based

Phone: 5134 5488

Opening Hours: Monday to
Friday 9am to 3.30pm

Email:

coordinator@morwellnh.org.au

or

office@morwellnh.org.au

Website:

www.morwellnh.org.au

Transport: Bus number
21 from Mid-Valley or
Morwell Train station to
Mitchell House.

MORWELL MEN'S SHED



281 Princes Drive,
Morwell

Morwell Men's Shed is a social meeting place for older gentlemen who need someplace to go to bring them back out into society after their working life has stopped for whatever reason and are looking for something to do to improve their mental wellbeing. The general work centres around timber, making items for local schools and community groups, but is not restricted to it, some come to use the computer, some come to work on their car or trailer, some just come to have a coffee and talk.

Casual insurance is \$5 per week or
\$50 per year

Opening Hours: Monday,
Wednesday and Thursday 10am to
3pm

Mobile: Graham 0435 042 575 or
call into the Shed

NEWBOROUGH MEN'S SHED



41 Monash Road,
Newborough

The Newborough Men's Shed aims to provide a unique, safe, supportive, welcoming and open environment for men living in the Newborough area and the surrounding areas of the Latrobe Valley/Gippsland. The Newborough Men's Shed will provide men with the opportunity to receive social and mental health support, to develop essential life skills or existing ones, competencies and gaining renewed confidence and independence to lead a healthy and happy lives within their communities.

This will be achieved by enabling and empowering men from all walks of life. There is no cost to visit the men's shed but membership is \$25 per year.

Mobile: Daryl 0419 003 814

Email:

president@newboroughmensshed.com

THE VRI

Victorian Railways
Institute Hall



18-20 Queens Parade,
Traralgon

The VRI is a creative community space offering learning by doing opportunities in the community garden, kitchen, performance space, workshop and art gallery. There is a range of projects including Digital Shed (assistance with technology, 1:1, workshops), Alt_Art (emerging artist space & workshops) and community lunches and more. The VRI is a space for whole community to come together to connect, learn, share and make and to foster experimentation and trying new things.

Cost: Activity based

Opening Hours:

Monday to Friday 9am to 3pm

Mobile: 0419 568 772

Email: info@thevri.com.au

Website: www.thevri.com.au

Transport: Across the pedestrian bridge from Traralgon Train Station

TRARALGON MEN'S SHED AND WOODWORKING INC.



5 Howitt Street,
Traralgon

Traralgon Men's Shed is a unisex shed welcoming the whole community. There is the opportunity to make wooden furniture and items in a friendly environment. Also available is a separate model making area with an experienced artist in this field.

Cost to join is \$50 per year, and daily fee of \$10 for concession holders and \$15 for non-concession holders to work on their own projects, or no cost to work on stock and orders.

Opening hours: Tuesday and Wednesday
9am to 4pm, Thursday 10am to 5pm

Equipment available to use: thicknesser,
table saw, bandsaws, drop saws, routers,
drills, sanders etc.

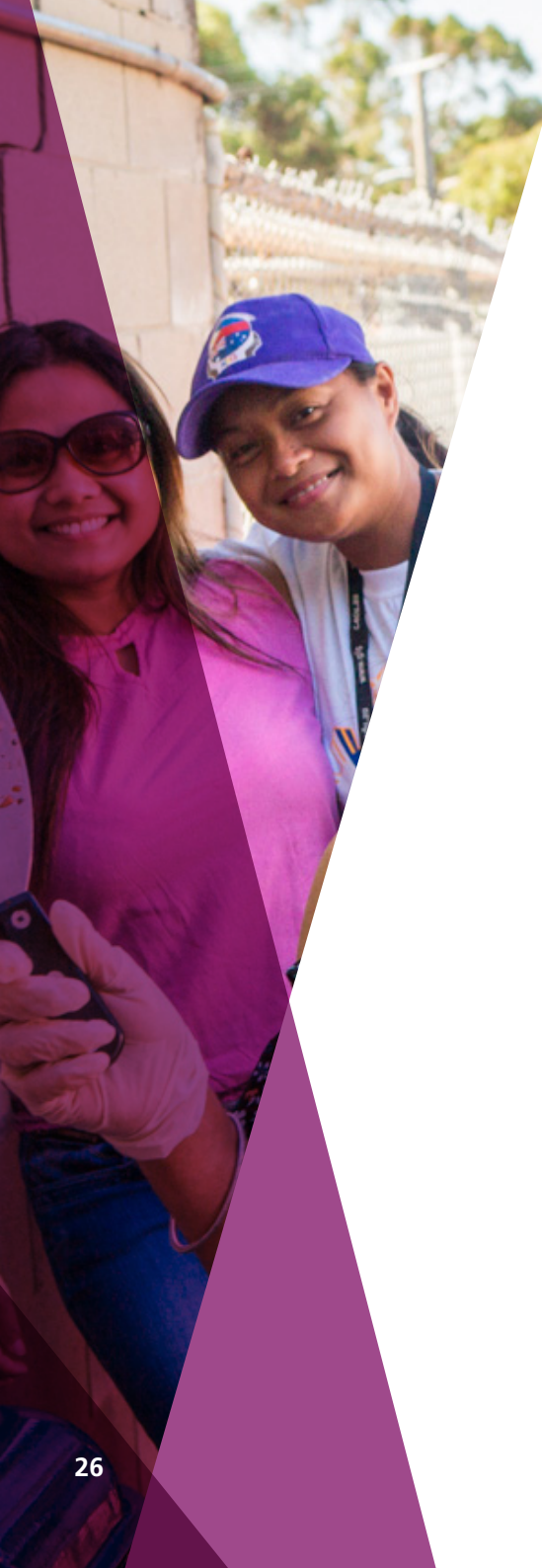
Phone: 5174 5924

Mobile: 0439 382 182

Email:

traralgonmensshed@bigpond.com





TRARALGON NEIGHBOURHOOD LEARNING HOUSE INC.

\$? 11-13 Breed Street,
Traralgon

Classes are held during the day and evening during school terms. Activities include: various art & craft courses, computers, cooking, movement & well-being, photography, cake decorating, job readiness & self-development, languages, literacy, English as additional language, support groups and more.

Cost: Activity based

Opening Hours: Monday to Friday
8.30am to 4pm (Reception)

Monday to Friday 9 am to 9 pm
(Classes)

Contact: 5174 6199

Email: tnh@wideband.net.au

Website: www.tnlh.org.au

Transport: Bus numbers 1, 6, 43,
42, and 41(nearby).

All buses go to
Traralgon Plaza.

TRARALGON SOUTH MEN'S SHED

\$10 **\$?** 3 Keith Morgan Drive,
Traralgon South

Opening hours: Wednesday 6.30
pm to 8.30 pm

Mobile: 0409 965 740

Email: tsda@netspace.net.au

TOONGABBIE AND DISTRICT MEN'S SHED

\$? Main Street,
Toongabbie

The Toongabbie & District Men's Shed welcomes members of all ages to learn and participate in wood, metal and mechanical work, as well as working on projects for the community. Social events for members are also held at regular intervals.

Opening hours: Tuesday,
Wednesday and Friday 3 pm
to 6 pm or any other time by
arrangement.

Email: toonshed14@gmail.com

U3A – UNIVERSITY OF THE THIRD AGE – LATROBE VALLEY



*Airlie Bank Homestead,
33 The Boulevard, Morwell*

U3A is run by retired people for retired and semi-retired people. All tutors and other leaders are volunteers and are generally drawn from the membership. Members are encouraged to become active participants in the courses they choose. Joining fee is \$60 for the year. Some additional costs could be photo copying, art supplies, travel and coffee or meals at social occasions.

Over 32 courses are on offer which include craft, painting and drawing, using your computer, walking group, riding the trails, gentle exercise, Italian, book discussion groups, creative writing, at the movies, coffee mornings, gardening for everybody, Australian history, foreign language films, current affairs and philosophy.

A member is normally entitled to attend any class without conditions of regular attendance, examinations, or educational qualifications. Some people back off at the word University. In our case it means to come together and learn from each other.

Classes: Monday to Friday
between 10am to 4pm

Phone: 5191 9337

Email:

latrobevalleyu3a@gmail.com

Website: www.lvu3a.org.au

Messages left on the answering machine or email will be answered as soon as possible.

SENIOR CITIZENS GROUPS

The following towns have Senior Citizens groups, which can be contacted through Latrobe City:

- Moe
- Morwell
- Traralgon
- Traralgon East and
- Yallourn North

For details phone
1300 367 700.



SPORTING ACTIVITIES

ACTIVELY AGING IN OPEN SPACES

Over 55 and want to get fit? Take up physical activity in a social and supportive environment for free!

Sessions are held at:

Moe - Thursday at 10 am: Senior Citizen Centre, 45 Langford Street

Morwell - Thursday at 10 am: Senior Citizen Centre, Maryvale Crescent

Traralgon - Friday at 9.30 am: Monomeath Senior Citizen Centre, Victory Park

GOT YOUR MEDICAL CLEARANCE?

Participants will need to have medical clearance completed by their GP. Join anytime!

For more information:

At Moe: contact Jarrod Ingleman on 5135 8600

At Morwell and Traralgon: contact Geoff Rowe on 5128 6200

GIPPSPORT



*Latrobe Leisure Moe/
Newborough,
Corner of Old Sale Road
and Southwell Avenue, Newborough*

Coordinates activities for people with a disability. Activities may change and it is advisable to call GippSport to confirm current programs and availability.

Please contact Amelia Evison who will endeavour to find a suitable sports club that can assist

Opening Hours:

Monday to Friday 8.30am to 4.30pm

Contact: Amelia Evison, Program Manager, Access for All Abilities Program

Phone: 5126 1847 or mobile: 0428 358 336

Email: amelia@gippsport.com.au

Website: www.gippsport.com.au

ALL ABILITIES RECLINK – ADULT AFL



*Ronald Reserve Oval,
Vary Street, Morwell*

Wednesdays 11am to 2pm

Cost: Free!

Phone: Stacey Whitelaw
0427 631 402

ARCHERY – TWIN CITIES ARCHERY



*Latrobe City Archery
Park (indoor)
Toners Lane, Morwell*

Access for people with all types of disabilities and welcome to attend the beginner's course.

Cost: Beginner's course \$10 for Under 18s and \$15 for Over 18s. This includes use of club equipment and coaching/help for the session
When: Monday and Wednesday evenings, 5 pm to 8 pm or groups by arrangement

Contact: Peter 0429 429 240

BASKETBALL – LV CHALLENGES



*Latrobe Leisure Moe
Newborough, corner Old
Sale Road and Southwell
Avenue, Newborough*

Participants are welcome to join in first session as a trial. All ages welcome.

Cost: \$5.10 entry; \$20 registration by term

When: Saturday mornings 9.30am to 11am.

First 6 weeks of the school term

Contact: Kym Sharrock 5166 1536

Transport: Bus Number 14 from Moe

CRICKET – NO BOUNDARIES CRICKET



Modified indoor cricket which allows for people of all abilities to participate. Played across the Gippsland Region during the summer season. Teams come from Bairnsdale, Sale, Yarram, Traralgon and Drouin.

Contact: Brenton Dinsdale,
0447 358 330

GIPPYGIRLSCAN

#GippyGirlsCan celebrates all Gippsland women, without judgement, and challenges outdated gender stereotypes to create a society where seeing active, empowered women is the norm and is celebrated. Brought to Gippsland by #ThisGirlCanVIC – VicHealth

For more information on programs available in Latrobe Valley phone 5126 1847 or visit:

Website: www.gippygirlscan.com

Facebook: GippyGirlsCan

GIPPSLAND GROOVERS



Dances for all ages and abilities held six or seven times a year at various locations from Warragul to Traralgon. Participants must be accompanied as appropriate.

Cost: \$10 per dance. Membership: \$20 (get into dances for free)

Contact: Janice 0413 189 793

MAKE YOUR MOVE

Activities and games to support workplace and community group/organisation physical activity. Encourages fun movements and activity (small or big) to break up long periods of sitting and provides opportunity to get active in times and places often perceived as being too busy or stressful.

Contact: Danielle Clarke,
Make Your Move Program
Coordinator GippSport.

Mobile: 0477 238 777

Email:

danielle@gippsport.com.au

Website:

www.mymlatrobe.com

MORWELL SWIMMING CLUB

Latrobe Leisure Morwell, McDonald St

Morwell Swimming Club provides squad training to swimmers focused on improving swimming technique for Breaststroke, Backstroke, Freestyle and Butterfly. Swimming club is a place where students can practice and perfect their swimming skills in a safe and fun environment, meet new friends, keep fit, and race against your own personal best times!

The training times are Monday to Friday evenings from 5 pm, depending on the swimmer's ability. A free two week training trial is offered so participants can come and try out the training sessions with no obligation to join. To participate bring a passion for swimming, enthusiasm to learn, and the ability to swim a couple of laps.

For more information, or to book a free trial, please email:

info@morwellswimmingclub.org.au

or stop by and meet the Club representatives during training times.

SAILING SAILABILITY – ACCESS FOR ALL ABILITIES



Latrobe Valley Yacht Club, western shore of the Hazelwood Power Station cooling ponds.

Specially designed boats to give people confidence in sailing.

Cost: \$10 a sail

Contact: Bruce James
0427 559 499

SOCCER – BIG ISSUE SOCCER MORWELL



Location varies between Vary Street Morwell, Morwell Common and Morwell Leisure Centre.

Suitable for all abilities.

When: Thursday afternoon
1pm to 3pm

Phone: Belinda Powell
0425 860 283

Email:

morwellsoccer@bigissue.org.au

YOUTH FIT – ALL ABILITIES



The Latrobe Leisure Youth Fit program provides teenagers between the ages of 13 to 15 years the opportunity to participate in exercise and fitness training in a safe and fun environment.

Each session is supervised by a friendly qualified instructor. Use of gym is restricted to set times and a maximum of 20 participants per session.

Cost: \$8.60 per session casual or \$77.10 per 10 visit pass.

Monday	<i>Latrobe Leisure Moe/Newborough</i>
Tuesday	<i>Latrobe Leisure Churchill</i>
Wednesday	<i>Latrobe Leisure Morwell</i>
Thursday	<i>Latrobe Leisure Moe/Newborough</i>
Friday	<i>Latrobe Leisure Churchill</i>

Youth Fit will run during school holidays





MARKETS

The following pages have a selection of markets in the Latrobe region where you can enjoy a range of experiences.

SATURDAY MARKETS

REH Cork Club Craft Market

Kay Street Gardens, Traralgon
Crafts and second hand goods.
2nd Saturday of the month (Closed June, July & August)
Market opens: 8am to 1pm
Contact: Chris Van De Mere 0487 342 675

Traralgon Farmers Market

Kay Street Gardens, Traralgon
Fresh vegetables, organics, meat, eggs, honey, olives, cakes and so much more.
4th Saturday of the month
Market opens: 8 am to 1 pm
Contact: Fred Sandall 0409 232 715

SUNDAY MARKETS

Morwell Sunday Market

Latrobe Road, Morwell
Crafts, plants, bric-a-brac, produce and much more.

Every Sunday

Market opens: 8.30am to 1.30pm

Contact: Sunny 0413 916424

For community markets in other areas please check out the Gippsland Markets listed here:

[www.gippslandinfo.com.au/
accommodation/states/victoria/
gippsland/markets](http://www.gippslandinfo.com.au/accommodation/states/victoria/gippsland/markets)

OP SHOPPING

Opportunity shops and charity shops (commonly referred to as Op Shops), play an important part in the environmental role of recycling/reusing/repurposing. It keeps reusable items out of landfill and provides clothing at great prices as well as furniture, vintage, bric-a-brac and household goods. You will find lots of babies and children's clothes and toys, as these are grown out of quickly. The funds from the sale of items go back into our communities to support local projects.

Op shops are also a good place to donate used goods as long as the items are of good quality and suitable for recycling. Before donating ask yourself would you give this item to a friend in need?

OP SHOP TOURS

Why not plan an outing with friends and arrange an informal op shop tour? An op-shop tour can be a lot of fun. Here are some reasons why:

- There are lots of bargains to be had
- It's very social hunting through all that stuff with friends
- You will be supporting a charity that is using the op-shop to raise money

To organise an op-shop tour for a group, following these simple steps;

1. Decide on a general location that you want to concentrate on. In this guide, op shops have been divided into areas which you can travel around easily so that you are not spending too much time on transport.
2. Decide whether your group is going to meet at the first op shop on your list or travel their together from another starting point.

3. Confirm with at least three or four op shops that they will be open when you plan to go. Op shops generally run with volunteers and have more limited hours than regular shops so make sure they will be open when you go and don't worry if for some reason a shop is not open, just move on to the next one.
4. Do not expect to be able to use EFTPOS or credit card facilities in op shops.
5. Don't be surprised if you pass op shops that aren't on your list, stop and have a look anyway.
6. Have fun and happy bargain hunting!

OP SHOP DIRECTORY

We cannot guarantee 100% accuracy because op-shops open and close and sometimes change their hours depending on volunteer availability. Explore and have fun!

CHURCHILL

Lifeline Gippsland

*Shop 12 Hazelwood Village,
Churchill*

Monday to Friday
9.30am to 3.45pm
Phone: 5122 2606

MOE - NEWBOROUGH

Angels Treasures

10 Fowler Street, Moe
Monday to Friday
10am to 4pm
Saturday 9.30am to
12:30pm
Phone: 5127 1119

GEST Op Shop

32 Kirk Street, Moe
Monday to Thursday
9am to 5pm
Friday 9am to 1pm
Phone: 5127 4544

Lifeline Gippsland

12-14 Fowler Street, Moe
Monday to Friday
9.30am to 4pm
Saturday 9am to 12noon
Phone: 5127 4511

Magdalene Centre Newborough

46 Rutherglen Road, Newborough
Monday to Friday
10am to 4pm
Saturday 9am to 12noon
Phone: 5127 1119

New Life Op Shop

1/3 Clifton St, Moe
Tuesday to Friday
10am to 4pm
Saturday 10am to 12noon
Phone: 5127 1749

One In Five Newborough

44 Monash Road, Newborough
Monday to Friday
9.30am to 4pm
Saturday 9am to 12noon
Mobile: 0448 844 952

RSPCA Moe Op Shop

37 Lloyd Street, Moe
Monday to Friday 10am to 3pm
Saturday 9.30am to 12noon
Phone: 5126 2662

Salvation Army Thrift Store

3A Moore Street, Moe
Monday to Friday
9am to 5pm
Saturday 9am to 12noon
Phone: 5126 3182

T.O.K.S. Op Shop

33 Boolarra Avenue, Newborough
Monday to Thursday 10am to 4pm
Friday 10am to 2pm
Mobile: 0407 392 947

Trinity House

7 Anzac Street, Moe
Secondhand furniture & Bric-a-brac
Garage Sale 2nd & 4th Friday
10am to 4pm
2nd & 5th Saturday from 9am

Vinnies Moe

24 Fowler St, Moe

Monday to Friday 9am to 5pm

Saturday 9am to 2pm

Phone: 5127 6995

**Uniting Church Australia
Yallourn Parish Thrift Shop**

42 - 44 Rutherglen Road Newborough -
next to the Post Office

Monday to Friday

10am to 4pm

Saturday 9am to 12noon

MORWELL**Carry-On Victoria**

236-238 Commercial Road, Morwell

Tuesday to Friday 10am to 3pm

Phone: 5133 6021 or

0423 248 523

**The Pod – Connecting 2
Australia**

43 Buckley St, Morwell

Monday to Friday 10am to 2pm

subject to volunteer availability

Phone: 5134 5372

Fossick & Find

72 George St, Morwell

Monday to Friday

9am to 4pm

Phone: 5133 9786

Lifeline Gippsland

2-8 Fleming Street, Morwell

Monday to Friday

9.30 am to 4 pm

Phone: 5136 3520

Recycled Goods Shop

Morwell Transfer Station, Porter's Road

(Off Tramway Road), Morwell

Payment facilities: EFTPOS or cash

Seven days a week 9am to 1.45pm

**St Luke's Uniting Church Op
Shop**

279 Princes Drive, Morwell

Monday, Wednesday, Thursday
and Friday

10am to 3pm

Phone: 5134 2699

Salvos Stores

160 Commercial Rd, Morwell

Monday to Friday

9am to 5pm

Saturday 9am to 1pm

Phone: 5133 7789

Vinnies Morwell

15 Tarwin St, Morwell

Monday to Friday

9am to 5pm

Saturday 9am to 12noon

Phone: 5134 2628

TRARALGON**Australian Red Cross Op Shop**

71 Franklin St, Traralgon

Monday to Friday 9am to 4pm

Saturday 9am to 1pm

Phone: 5174 3798

**Connecting 2 Australia
Cooinda Op Shop**

15 Seymour Street, Traralgon

Monday to Friday 9.30am to 4pm

Saturday 9.30am to 4pm

Phone: 5174 6911



Lifeline Gippsland

60 Franklin Street, Traralgon

Monday 10.30am to 4pm

Tuesday to Friday 9.30am to 4pm

Saturday 10am to 1pm

Phone: 5174 5525

Lifeline Pop Up Op Shop

Cameron Street Community Centre, 41-

43 Cameron Street Traralgon

Wednesdays 10am to 2pm

Now Church Op Shop

80 Henry St, Traralgon

Tuesday to Friday 10am to 4pm

Mobile: 0466 217 555

RSPCA Traralgon Op shop

103 Argyle Street, Traralgon

Monday to Friday 10am to 4pm

Phone: 5174 5005

Salvos Stores

93a Argyle St, Traralgon

Monday to Saturday 9am to 5pm

Phone: 5176 2755

Seek and You Will Find Opportunity Shop

43 Franklin Street Traralgon

Monday to Friday 10am to 4pm

Saturday 9am to 12noon

Phone: 5176 6926

Vinnies Traralgon

70 Argyle Street, Traralgon

Monday to Saturday 9am to 5pm

Sunday: 10am to 4pm

Phone: 5174 7597

YALLOURN NORTH

Magdalene Centre Yallourn North

8 Reserve Street, Yallourn North

Monday to Friday 10am to 4pm

Phone: 5127 1119

MUSEUMS AND HISTORICAL SOCIETIES

HISTORICAL SOCIETIES

The Morwell Historical Society formed in 1962 is situated in the Masonic Lodge building located at 12 Hazelwood Road Morwell. The ongoing goal of the society is to preserve and record the history of Morwell and surrounding areas, to make information in our archives readily available to the general public and to promote an interest in the history of Morwell.

The Society is run by a group of enthusiastic volunteers dedicated to the preservation and study of all things Morwell and surrounding districts. We are an indoor Historical Society with in-house research facilities. Our collection consists of items of local interest including an extensive photo collection, public records, maps, family history records and much more. Our computer catalogue is available at the Society rooms and is constantly being updated and

can be accessed by the public. Visitors are always welcome at the Morwell Historical Society and our friendly members can assist you with your enquiries and show you around our collections and display.

Entry is free

Memberships are available

Open 1st & 3rd Wednesdays of the month and last Sunday of the month 11am to 2pm.

Other historical societies run with a focus on Mid Gippsland Family History, Moe District and Traralgon Districts.

For further details visit

www.latrobe.vic.gov.au/commgroup





BOATING / FISHING / CAMPING

Lake Narracan is a popular water activities destination. A surface area spanning nearly 300ha makes it ideal for boating, water-skiing, jet skiing, sail boarding and sailing. It is also a great place for swimming, family picnics and walking.

There are toilets and picnic tables available and parking at the foreshore reserve and boat ramp areas.

Powered and unpowered camp sites are available at the caravan park. Fees apply.

FISHING IN GIPPSLAND

The Visit Melbourne website says *"Few places in the world offer the diverse waterways and fishing opportunities of Gippsland. Fishing in the Gippsland region is a limitless adventure with a long list of fish species in the pristine lakes and rivers, most commonly bream, flathead, luderick, tailor, mulloway, whiting, perch and salmon"*.

We thank Visit Melbourne for making this content available.

For further information visit www.latrobe.vic.gov.au/boatingandfishing

TRANSPORT

PUBLIC TRANSPORT

In the Latrobe Valley there is the option for V/Line trains and buses in the major towns of Traralgon, Morwell and Moe or Latrobe Valley bus in Moe, Moe South, Moe West, Moe North, Newborough, Churchill, Morwell, Mid Valley, Churchill, Boolarra, Traralgon and Yinnar.

TICKETS

V/LINE TRAINS AND BUSES

At the time of printing V/Line paper tickets must be used on long distance services to Bairnsdale, Albury, Shepparton, Echuca, Swan Hill, Ararat, Maryborough and Warrnambool. For more information call V/Line on 1800 800 007.

To plan your trip using public transport visit www.ptv.vic.gov.au/journey

For information on the MYKI ticketing system visit www.ptv.vic.gov.au/tickets/myki

LATROBE VALLEY BUSES

The only way to travel is with a valid MYKI card. To find out more about which type of MYKI card you need, or how to purchase a MYKI card, log on to www.myki.com.au or call Latrobe Valley Bus Lines on 5135 4700 or visit www.lvbl.com.au/

CONCESSION CARDS

If you're listed below you may be eligible for a concession fare. This gives you a 50 per cent discount on travel. You can travel on concession fares throughout Victoria. If you're aged 17 years and over you need to carry proof of eligibility. For more information call Public Transport Victoria on 1800 800 007.



- Asylum Seekers
- Children
- Disability Support Pensioner and Carer Payment recipients
- Health Care Card holders
- Pensioners
- Seniors Card holders
- School students
- Tertiary students
- War Veteran/ War Widow(er)



VOLUNTEERING

Volunteering offers opportunities for you to become involved in your community, meet other people with like interests and make a positive contribution.

The best thing is you don't need experience or qualifications, just a genuine desire to take part in community life and make a difference. Council offers a variety of opportunities - from supporting older members of the community, to providing information to our visitors in the Information Centre, assisting in our parks, gardens and reserves. There is sure to be something on offer that you would enjoy.

For opportunities to volunteer in aged and disability, visit:
www.latrobe.vic.gov.au/volunteer

For opportunities to volunteer in reserves, parks and gardens, visit:
www.latrobe.vic.gov.au/reservevol

For more opportunities across Latrobe City visit
www.volunteeringvictoria.org.au

COMPANION CARD

The Companion Card is issued by the Department of Planning and Community Development to people who require the assistance of a companion. It provides free travel for the carer/ companion of the cardholder on all public transport services.

For all enquiries about the Companion Card, please visit vic.companioncard.org.au or call the Companion Card Information Line on 1800 650 611.

ACCESSIBLE TRANSPORT

The Victorian public transport network is progressively improving its accessibility for people with special needs. For further information call 1800 800 007 or visit

www.ptv.vic.gov.au/getting-around/accessible-transport/

WALKING GOUPS

Heart Foundation Walking is Australia's largest FREE walking network. It is a social, fun and easy way for people to walk and be active and is a safe way to exercise. The walk will cater for all ages and abilities, so come along and join in on the fun.

CHURCHILL WALKERS

When: Monday, Wednesday and Friday, 8.30am

*Mondays and Fridays: Leisure Centre;
Wednesdays: Lake Hyland*

MID VALLEY WALKERS

When: Friday, 8.30am

*Coles Mall, Mid Valley Shopping Centre
Morwell*

MORWELL WALKERS

When: Monday and Wednesday, 9am

*Morwell Traffic School, corner Princes
Drive and Churchill Road*

NEWBOROUGH WALKERS

When: Wednesday, 9am

*Top of Stamford Street next to Ollerton
Reserve in Newborough*

ROSE GARDEN WALKERS

When: Monday and Wednesday, 9am

*Meet at the Gazebo, Morwell Rose
Garden*

STOCKLAND WALKERS

When: Thursday, 9.30am

Centre Court, Stockland Traralgon

TANJIL WALKERS

When: Tuesday and Friday, 9am

*Meet at the front of Tanjil Place Medical
Centre, 46-48 Albert Street, Moe*

THE HOP WALKERS

When: Sunday, 10am

*Traralgon Swimming Pool Carpark (rear),
between Kay & Seymour Streets*

TRARALGON WALKERS

When: Tuesday and Friday, 8.30am

*Tuesday: Stockland sign, Princes Hwy;
Friday: Traralgon Railway Reserve*

YALLOURN NORTH WALKERS

When: Monday and Thursday, 9am

*Lions Park, Reserve Street,
Yallourn North*

For more information regarding the walking groups, contact the Primary Prevention Team at Latrobe Community Health Service on 1800 242 696.



YOUTH ACTIVITIES

BMX TRACKS

Boolarra

Penaluna Street
(Brand New
Opened in 2018)

Churchill

Glendonald Park Corner of
Amaroo Drive and Philip Parade

Glengarry

Apex Park Main Street

Morwell

Ronald Reserve, Vary Street

Newborough

Henry White Reserve, Behind
the Murry Road Kindergarten

Traralgon

Traralgon Recreation Reserve,
Shakespeare Street

Tyers

Community Lane next
to the Tyres CFA

Yallourn North

Third Street behind the Yallourn
North Historical Society

SKATE PARK LOCATIONS

Boolarra

Centennial Park

Churchill

Phillip Parade next to the
Churchill HUB

Glengarry

Apex Park, Main Street

Morwell

Eastern End of Commercial Road

Moe

Eastern End of George Street

Toongabbie

Toongabbie Recreation Reserve,
Main Street

Traralgon

Off Franklin Street behind the
Traralgon Tennis Centre

Traralgon South

Cats Drive next door to the
Traralgon South Men's Shed

Yallourn North

Corner of Reserve and Third
Street

Yinnar

Main Street



General enquiries

Phone 1300 367 700 Fax (03) 5128 5672

Address PO Box 264, Morwell
VIC 3840

AUSDOC DX 217733 Morwell

Email latrobe@latrobe.vic.gov.au

ABN 92 472 314 133

Latrobe City Council is NRS-friendly

If you are deaf, or have a hearing impairment or speech impairment, contact us through the National Relay Service (www.relayservice.com.au)

TTY users phone 133 677 then ask for 1300 367 700

Speak and Listen users phone 1300 555 727 then ask for 1300 367 700

Internet relay users connect to the NRS then ask for 1300 367 700