

Talking Teens, Alcohol & Drugs

**Are you worried about your teens alcohol or drug use?
Do you wonder what you can do about it?**

**Wondering how to maintain boundaries whilst encouraging
independence ?
How to keep them safe ?
Do you want to keep a connection with them ?**

**Come and join us for a chat around the everyday highs and lows of
parenting.**



Who: Dads, Mums & Carers of young people under 21

**When: Tuesday Night
Jan 31st, Feb 7th, 14th,
21st & 28th & March 6th**

**When: Wednesday Lunch
Feb 1st, 8th, 15th, 22nd,
29th & March 7th.**

**Time: 6.30 – 8.30pm
(refreshments provided)**

OR

**Time: 12.30 – 2.30pm
(lunch provided)**

**Where: Anglicare Victoria
65 Church Street,
Morwell**

**Where: Kommall, Hourigan
Road, Morwell**

Cost: Free

Contact: Donna or Lisa on 5135 9520 or 0458 750 748